



**FALMOUTH
SERVICE CENTER**
more than a food pantry



Non Profit Organization
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Falmouth Service Center Newsletter


October/November/December/January/February/March / Fall-Winter 2017-2018




LETTER FROM THE DIRECTOR: BRENDA SWAIN

The Falmouth Service Center was incorporated in 1983. As by-laws were developed and our mission established, Danielle Guay, a board member and Enterprise Newspaper graphic designer, created a logo for FSC in those early days. And as we have grown and broadened our work, conversations have revolved around our logo and the message it gives about our work. I can remember answering the phone ten years ago and the person on the other end asked me for an appointment to rotate his tires! After all we are the Service Center!

As part of our strategic planning in 2016 our Board continued to discuss the strength of our multiservice approach, and the importance of collaboration with existing and new partners to provide diverse and critical services to our Upper Cape clients. We talked about how many in the community who support us and who need us, really don't know the breadth of what we offer. To that end, we have held fast to our image of neighbors together, and infused our new logo with vibrant colors of blues and greens, and three symbols that cut to the core of what we do and how we do it: an apple, two hands, and a heart. See the two logos side-by-side above. Helping neighbors in need continues to be central to our work.

 This apple symbolizes our steady and consistent movement toward healthier options and nutrition education with greater amounts of fresh and frozen items at all our food offerings. Two-thirds of our food is distributed via our pantry with 54,000 bags given out last year. Another third goes out to the community via our FRESH mobile markets and our community meals. The emphasis on healthy foods is carried into our Foods to Encourage program to help those dealing with the chronic conditions of diabetes and hypertension.

 These hands exemplify our commitment to partnerships with non-profits, businesses, individuals, and organizations who together strengthen the services we provide. We do not duplicate services; instead we seek partners who complement and broaden our scope of services. This belief in working together is considered each time we make a programmatic decision and helps guide us as we move forward with our greater community. You can read on the next page about the 2017 Mass Nonprofit Network Award for Collaborative Excellence we received.

 This heart is who we are and how we operate. All services are delivered with compassion, respect and dignity. Knowing that when you walk through the door, you will be greeted by dedicated volunteers who are the heart and soul of our services is a non-negotiable reality. The smiles, comfort and companionship provided at FSC go hand in hand with the material goods and services people seek. To many, the visit to our programs, whether they are within the walls of our pantry or thrift shop, or in one of our many community initiatives, brings a deep personal connection to others who care about who they are and what they need.

Thanks for your partnership in this continued journey.

OUR MISSION is to ease stress, reduce hunger, and improve the quality of life for our neighbors in need. The Falmouth Service Center works to increase self-sufficiency by helping to build networks among clients, neighbors, and agencies.

UPDATES & THANK YOUs

FALMOUTH SERVICE CENTER THRIFT SHOP UPDATE

The news is out! We are thrilled to announce that as part of our strategic goal to increase the size and scope of our Thrift Shop we have hired an amazing manager: Colleen Wood, former owner of TWIGS on Main Street in Falmouth, who joined our team in early summer. With her presence we

have expanded the Thrift Shop's hours to Tuesday, Wednesday, Friday, Saturday 10 to 3 and Thursday 10 to 6 for shoppers and donors. If you want to join our volunteer force, we would welcome you to the crew. Stop by and stay tuned for news of our expansion.

OUR FRESH START PROGRAM

Falmouth Service Center was so lucky to have a phenomenal team of volunteers that organized our back-to-school program this summer. They were able to help 171 children from 93 Falmouth families with a full set of clothing and a backpack filled with school supplies. In addition, we gave out 122 additional backpacks filled with school supplies to Falmouth children in need. We are extremely grateful to everyone who volunteered and donated to this vital program which makes sure that hundreds of Falmouth children begin their school year with a FRESH START!



FALMOUTH ROAD RACE

Our biggest Falmouth Road Race team ever raised \$29,676. We had 25 runners for TEAM FSC and they raised money throughout the summer, making this an exceedingly successful fundraiser! Once again, we want to say a big thank you to Judy D'Amario for coordinating this special event.

AWARDS FOR THE FALMOUTH SERVICE CENTER

2016 NATIONAL ACTION FOR HEALTHY KIDS: *HEALTHY SCHOOL HERO AWARD*

Action for Healthy Kids (AFHK) mobilizes school professionals, families and communities to take actions that lead to healthy eating, physical activity and healthier schools where kids thrive. In 2016, the AFHK national review board selected our own Kerin Delaney from a pool of well-deserving nominees as one of 12 national winners. Kerin volunteers at Teaticket Elementary School and was recognized for her work in piloting the Grab n' Go Breakfast Initiative along with physical education teacher, Carrie Shanahan. Congratulations, Kerin, and thank you on behalf of all our clients, for your commitment to all aspects of food security.

FROM MASSACHUSETTS NONPROFIT NETWORK *2017 EXCELLENCE AWARD FOR COLLABORATION*

We are honored that the Falmouth Service Center has won the 2017 Nonprofit Excellence Award for Collaboration. We proudly collaborate with numerous agencies to provide integrated services that bring health, wellness, and education to many of our mutual clients. FSC is incredibly appreciative to the Cape & Islands United Way for nominating us for this special award and to the Massachusetts Nonprofit Network for all of their vital work supporting nonprofits in Massachusetts.

This Holiday Season

In preparation for holiday distributions, the Falmouth Service Center needs your help to help our neighbors in need.

We distribute to clients on Monday, November 20 and Tuesday, November 21.

Before then, we need ...



**Cranberry Sauce, Gravy,
Canned Vegetables, Stuffing,
Quick Bread Mixes,
Canned or Fresh Hams,
Frozen Turkeys, Whole Chickens, Fresh Vegetables,
Home Baked Breads and Pies**

Sunday, November 19 from 12 to 4 pm

We will be open in our warehouse to receive these items.

Take this opportunity to begin your Thanksgiving week by giving to others!

Help Us, Help Children

****PLEASE NOTE: Our toy distribution will be earlier this year!**

We need to receive all NEW toys by Monday, December 11**

We especially need the following items for our Service Center Gift Distribution on *Friday, December 15 and Saturday, December 16.*

- ❖ Gift Certificates for teens: Gas cards, CVS, coffee shops, clothing stores, Target, Wal-Mart, etc...
- ❖ Sports items, arts and crafts kits for 8 to 14 year olds
- ❖ Items for older teens: Books, movie passes, costume jewelry, video games, and/or ask your own teens what they might want
- ❖ Educational toys for infants and toddlers
- ❖ Bikes are always appreciated
- ❖ Games and puzzles the whole family can enjoy
- ❖ Wrapping paper, tape, ribbons, bows



Please call FSC at 508-548-2794 with questions.

Check the Service Center website for more information: www.falmouthservicecenter.org

Find us on Facebook, Twitter & Instagram where we frequently post updates as well!

We Appreciate Your Help!

Fall-Winter 2017-2017 - SAVE THIS CALENDAR

This and That @ FSC

Event	Date	Time and Location
Mass Health application assistance	Every other Tuesday Call to confirm days	10:00 am - 2:00 pm at FSC
Falmouth Eats Together Community Meal	2017:9/28, 10/5, 10/19, 11/2, 12/7	4:00 pm - 6:00 pm Call for Location
Foods to Encourage Program	Every Thursday	10 a.m.-1 p.m. in FSC Clothing Room/Lobby
WE CAN Legal Consults Financial Empowerment & Work Support	Every 3 rd Tuesday	9:30 a.m. - 11:30 am. by appt. 12 p.m. - 2 p.m. by appt.
Garden Work Day, Saturday	November 11	9:00 am-12:00 pm, The Garden
34th Annual Meeting	Tuesday, September 26	3 pm
Columbus Day	Monday, Oct. 9	Closed
Thanksgiving Drop Off	Sunday, Nov. 19	12 pm - 4 pm FSC Warehouse
Thanksgiving Distribution	Monday, Nov. 20, Tuesday, Nov. 21	Mon 10 am-4 pm Tues 10 am-12 pm
Thanksgiving Holiday	Weds.-Fri., Nov. 22, 23, 24	Closed
Holiday Toy Drop Off Deadline	Monday, Dec. 11	10 am - 6 pm FSC Warehouse
Holiday Toy Distribution (open for toys distribution only)	Friday, December 15 Saturday, December 16	12 pm - 6 pm 8 am - 4 pm
Christmas Holidays	Mon, Dec. 25 - Tuesday, Dec. 26	Closed
New Year's Day Holiday	Monday, Jan. 1	Closed
Martin Luther King Day	Mon., Jan. 15	Closed
Presidents' Day	Mon., Feb. 19	Closed

A VERY SPECIAL DONATION



It was a Friday morning in August when Hazel, about 7 years old, came by to donate to our Fresh Start back-to-school program. She had washed cars for a month and was able to raise \$109.64 so that we could buy backpacks, school supplies and hand sanitizers for our back-to-school program. Hazel had all of this money which she had collected in a special red cup. Her grandmother told her about the FSC back-to-school program and Hazel decided she wanted to raise money for that! We were all in awe of her compassion and generosity!

FALMOUTH SERVICE CENTER--BOARD OF DIRECTORS

Lawrence Bigelow, Rita Dussault, Maureen Fessenden, Brian Keck, Catherine Whelan Kligler, Donald McInnes, Deborah L. Netto, Jacqueline Nolan, Jeffrey W. Oppenheim, Robin Paris, Laura Lorusso Peterson, David Prosten, Richard Sperduto, Cricket Warner, Rev. Deborah M. Warner, and Brenda Swain (ex officio)

FALMOUTH SERVICE CENTER—STAFF

Brenda Swain, Executive Director; Kerin Delaney, Deputy Director; Libby Hearne, Development Associate; Sharon Howard, Volunteer Coordinator; Matt O'Connor, Warehouse/Operations Manager; Colleen Wood, Thrift Shop Manager

We are on Facebook, Twitter and Instagram and frequently update with information, recipes, and various happenings at Falmouth Service Center. Be sure to "Like" us or "Follow" us and you'll always stay connected to what is going on @ FSC.

Web: www.falmouthservicecenter.org **Email:** info@falmouthservicecenter.org

Phone: 508-548-2794 **Fax:** 508-548-3592

Hours: Monday 10 AM - 6 PM; Tuesday 10 AM - 2 PM; Wednesday 5 PM - 7 PM

Thursday 10 AM-2 PM; Friday 10 AM - Noon